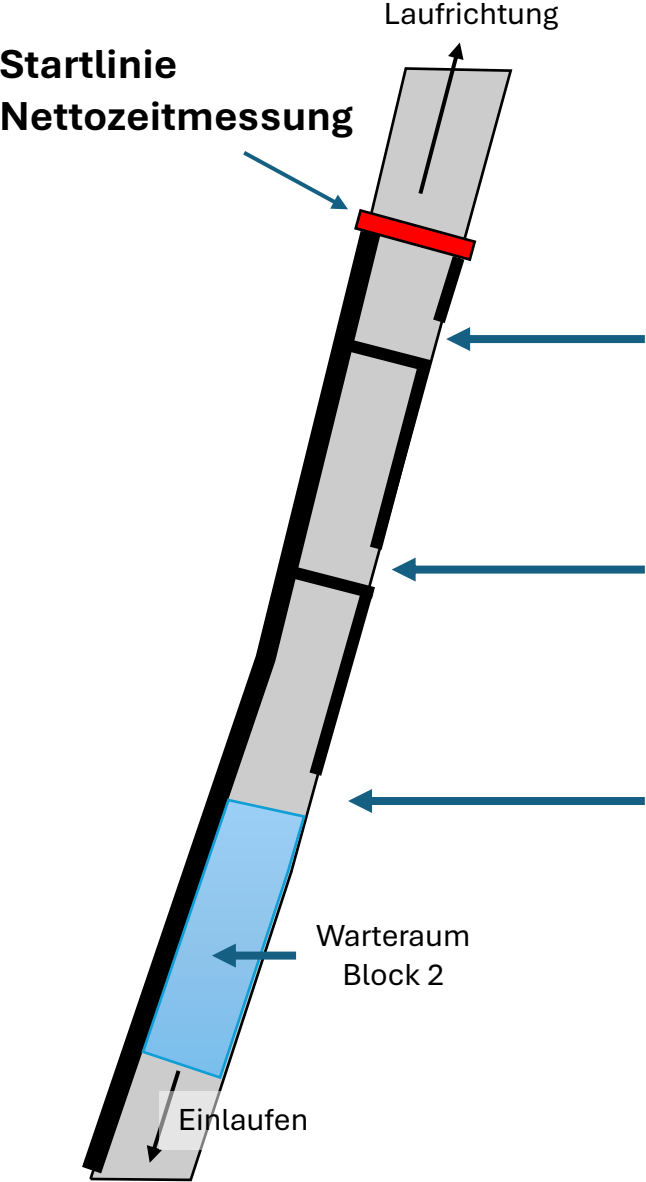


Startorganisation



	Halbmarathon Kurzdistanz Team-Run	10km Block 1 Frauen ≤ 38 min	10km Block 2 Männer ≤ 36 min	10km Block 3 Frauen > 38 min Männer > 36 min
Startzeit	09:30 Uhr	12:00 Uhr	12:07 Uhr	12:50 Uhr
Pace	<3:30min/km	<3:30min/km	<3:06min/km	<4:00min/km
Zeit	HM<1h14	10km < 35min	10km < 31min	10km < 40min
Pace	<4:30min/km	<3:48min/km	<3:20min/km	<4:30min/km
Zeit	HM<1h35	10km ≤ 38min	10km ≤ 33min	10km < 45min
Pace	>4:30min/km		<3:36min/km	>4:30min/km
Zeit	HM>1h35		10km ≤ 36min	10km > 45min